
Staff Counselling Service

Rowan provides staff counselling services to organisations throughout Scotland.

- A confidential service to the individual, with agreed feedback to the employer
- Self-referral or management referral
- Increases productivity
- Reduced absence rates
- Frees up management time

Customers include: Capability Scotland, University of Abertay, Dundee

Workplace Mediation

- Mediation is a process whereby an impartial third party works with two people in conflict enabling them to reach a mutually agreed, constructive resolution
- Mediation is less costly than tribunals, less acrimonious and time-consuming than formal dispute resolution methods

Customers include:
Strathclyde Fire and Rescue

Who are we?

Established in 1997, ROWAN is involved in the support, training and development of people and organisations.

We are a team of professional trainers, mediators and counsellors with extensive experience of working with a wide range of people and issues.

Rowan is on the COSCA register of recognised counselling organisations. COSCA is the professional body for counselling and psychotherapy in Scotland. Rowan abides by the COSCA code of ethics and that of the British Association for Counselling and Psychotherapy (BACP) .

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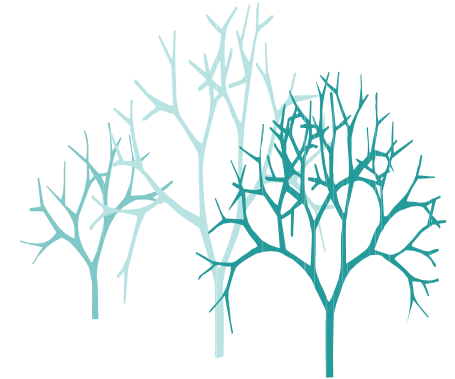
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Rowan Consultancy

ROWAN

Established 1997



People, Potential, Growth

Facilitating reflection, awareness, growth and wellbeing for individuals and organisations



Recognised
COSCA
Counselling
Organisation

Management Training

Rowan provides reflective, experiential training for managers.

- Moving into Management
- Performance Management
- Effective Meetings
- Conflict Resolution
- Managing People
- Managing Change

Customers include: Perth College, City of Dundee Council

Staff Training

Rowan can provide:

- Anger Management
- Stress Awareness
- Assertiveness
- Handling Bad News
- Valuing Diversity
- Effective Listening
- Work/Life Balance
- Self Awareness through Creativity

Customers include: Angus Council, Perth and Kinross Council

Executive Coaching

A regular place to reflect on important issues in your working life. Senior managers and owner-managers benefit from having an independent coach as a sounding board.

- clearer focus on what you want from work, your vision, your purpose and goals
- greater understanding of how work affects you and your impact on work

Customers include: Perth College



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Team Facilitation

Rowan facilitators can help your team reflect on their goals, dynamics and processes. We use creative methods to stimulate discussion and interaction at away days and team development days.

Customers include: Dundee City Council

Rowan Consultancy

COSCA Certificate in Counselling Skills

- a stimulating, experiential course, developing counselling skills and self awareness
- 40 SCQF credits at Level 7
- for those working with people in a professional or voluntary capacity
- can be delivered in house

Customers include: Careers Scotland, Perth & Kinross Council

Individual and Couple Counselling

We offer confidential counselling to individuals and couples in Perth, Dundee and Markinch. We provide specialist counselling for young people aged 12 and upwards in Perth.

School Counselling

Rowan provides pupil and staff counselling services to schools.

Customers include: Kilgraston School, High School of Dundee