

Coaching for Counsellors FAQ

Can I advertise myself as a coach after attending this course?

Yes, but we don't think you should.

Coaching, like counselling, is not a regulated profession, so anyone can call themselves a coach without any training, experience or qualification. However, that would not be ethical behaviour. This 2-day training gives you two coaching models that you can use, and some ideas on contracting. But to practice as a coach, we believe you need to join a professional coaching body (eg BACP Coaching Division or ICF), abide by their code of ethics and complaints policy, attend coaching supervision and CPD and do a longer, assessed training to gain a coaching qualification.

Does this course qualify me to be a coach?

No.

This course is approved by the [Association for Coaching](#), as CPD, and you will receive an attendance certificate with their logo on it. But there is no assessment, so attending this course doesn't mean you have attained a standard of using coaching skills, so it is not a qualification.

Does this course give me coaching skills that I can use with my counselling clients?

Yes!

You will learn and practice the TGROW and SPACE coaching models which you can add to your toolbox and use with your counselling clients, when appropriate.

This is usually towards the end of their counselling with you, when they feel more robust and want to make tangible changes in their lives. A coaching approach can support them in this work.

Will this course teach me the difference between coaching and counselling?

Yes!

This will give you a taster of coaching, which can help you decide whether you want to train as a coach or not.